## Health Screening Bundle for Ages 18-39

## 1. Standard Health Screening Bundle (Required)

Content		Items	Fee (\$NTD)	
	Physical exam	Blood pressure, waistline, height, weight, body mass index, body composition analysis (InBody), vision, color vision, eye pressure		
	Blood tests	RBC (red blood cell), hemoglobin, hematocrit, MCV (mean corpuscular volume), MCH (mean corpuscular hemoglobin), MCHC (mean corpuscular hemoglobin concentration), RDW (red cell distribution width), WBC (white blood cell), platelet, WBC differential (i.e., eosinophils, basophils, neutrophils, lymphocytes, monocytes)		
	Blood sugar test	Fasting blood glucose (AC glucose)		
Standard	Lipid panel	Total cholesterol, triglycerides, low density lipoprotein (LDL) cholesterol, high density lipoprotein (HDL) cholesterol (TC/HDL-C ratio), (LDL-C / HDL-C ratio)		
	Kidney function tests	Blood urea nitrogen (BUN), serum creatinine, estimated GFR (glomerular filtration rate), uric acid		
	Liver function tests	Liver enzymes test (i.e., aspartate aminotransferase (AST), alanine transaminase (ALT), gamma-glutamyl transferase (GGT),) albumin, globulin, total protein, bilirubin, total, bilirubin, direct	9,600	
Bundle	Electrolyte panel	Sodium, potassium, calcium		
	Thyroid blood test	Thyroid-stimulating hormone (TSH)		
	Hepatitis screening	Hepatitis B antibody testing (i.e., HBsAg, Anti-HBs), hepatitis C antibody testing (i.e., Anti HCV)		
	Urinalysis	Urine color and appearance, chemical findings (i.e., protein, pH, ketones, glucose, bilirubin, nitrite, specific gravity tests), and microscopic findings (i.e., WBC, epithelial cells, crystals, bacteria)	-	
	Stool test	Stool occult blood test		
	X-ray exam	Chest X-ray (front and left sides)		
	Consultation	Physical exam by an internal medicine physician (e.g., complete medical history, auscultation, and palpation)		
		★Gynecologic examination (for women only, includes Pap smear)		
	Other services	ervices Lunch provided after the exams. A complete electronic report will be emailed to you.		

## 2. Additional Bundles (**※** high risk groups only)

Plan	Items	Male	Female	Fee(\$NTD)
	hemoglobin A1C (HbA1C)	•	•	6,300
	Echocardiogram			
Heart and Vascular Care	Ankle-brachial index (ABI)			
	Cardio-ankle vascular index (CAVI)			
	Resting electrocardiogram (EKG)			
Advanced digestive	Abdominal ultrasound (i.e., liver, gallbladder, pancreas, spleen, kidney)	•	•	2,400
system exam 2.0 (non-invasive)	Immunochemical fecal occult blood test (iFOBT)			
	Helicobacter Pylori Stool Antigen Rapid Test			
	Esophagogastroduodenoscopy (EGD)		•	12,000
	Colonoscopy			
	Endoscopic anesthesia (for EGD and colonoscopy)			
Advanced gastroscopy exam 2.0 (invasive)	CO <sub>2</sub> insufflation to reduce abdominal pain, low-residue meal replacement, laxatives, simethicone (oral defoaming agent to reduce gas and bloating)	•		
	Resting electrocardiogram (EKG)			
	Helicobacter Pylori Stool Antigen Rapid Test			
%Premier abdominal plus screening	Magnetic Resonance Imaging and Magnetic Resonance CholangioPancreatography (Abdominal MRI+MRCP)	•	•	20,000
Advanced plus breast	CA 19-9 blood test (carbohydrate antigen) Breast ultrasound		•	16,000
cancer screening	Breast MRI			
Pelvic area exam	CA-125 blood test (cancer antigen 125)		•	1,700
(never engaged in sexual activity)	Pelvic ultrasound			
	CA-125 blood test (cancer antigen 125)	-	•	3,900
Pelvic area exam	Transvaginal ultrasound			
	Human papilloma virus (HPV)			
	Free T4 (thyroxine)			1.000
Thyroid exam	Thyroid ultrasound	•	•	1,600
	HLA-B27 blood test (for ankylosing spondylitis)	•	•	5,100
	KUB (kidney, ureter, bladder) and lumbosacral spine X-ray			
Immune disorder exams	Anti-CCP antibody test (for rheumatoid arthritis)			
	ANA (Antinuclear antibodies to detect autoimmune disease)			
	Rheumatoid factor (RF to detect rheumatoid arthritis)			
	Hepatitis A antibody test	•	•	1,450
Antibody titer test	Varicella Zoster Virus antibody test (chickenpox and shingles)			
	Measles, Rubella immunity profile			

Plan	Items	Male	Fema le	Fee(\$NTD)
Lung cancer screening	Low–Dose Computed Tomography (LDCT)(Limited to ages 30 and above)	•	•	6,000
	Hepatitis B e antigen (HBeAg)			
Hepatitis B screening	Hepatitis B core antigen antibody (anti HBc)	•	•	900
	HBeAg antibody (anti HBe)			
	Epstein-Barr Virus (EBV) DNA Detection by PCR	•		
	CA 19-9 blood test (carbohydrate antigen)			
Tumor markers (Bundle A)	CEA test (carcinoembryonic antigen)			6,700
(Buildie II)	PIVKA-II (Protein Induced by Vitamin K Absence II)			
	AFP (Alpha-Fetoprotein) blood test			
	Epstein-Barr Virus (EBV) DNA Detection by PCR			
	CA 19-9 blood test (carbohydrate antigen)			
Tumor markers	CEA test (carcinoembryonic antigen)			
(Bundle B)	PIVKA-II (Protein Induced by Vitamin K Absence-II)	-	•	7,500
	AFP (Alpha-Fetoprotein) blood test	1		
	CA-125 blood test (cancer antigen 125)	-		
	Eye exam using fundoscopy and slit-lamp microscope	•	•	350
	Pure-tone hearing test	•	•	275
	Pepsinogen I/II (check for gastric cancer)	•	•	1,000
	Helicobacter Pylori Stool Antigen Rapid Test	•	•	500
	Esophagogastroduodenoscopy (EGD, includes sedation)	•	•	5,767
	Colonoscopy {includes CO <sub>2</sub> insufflation to reduce abdominal pain, low-residue meal replacement, laxatives, simethicone (oral defoaming agent to reduce gas and bloating)} and resting EKG	•	•	8,922
	Breast ultrasound		•	1,176
	Human papilloma virus (HPV) test for cervical cancer		•	1,500
	Thin PREP Pap Smear (additional fee for a more accurate cervical screening test)		•	1,000
Individual service	Invitae Cardio Screen	•	•	22,500
options	Invitae Genetic Health Screen	•	•	28,000
(The price is charged	Invitae Multi-Cancer Panel	•	•	27,500
according to the	Bone mineral density (BMD) test	•	•	1,200
charging standard of	KUB (kidney, ureter, bladder) and lumbosacral spine X-ray	•	•	900
the day)	MAST (multiple-antigens simultaneous test)	•	•	2,430
	Vitamin D deficiency test (D3)	•	•	776
	Syphilis test	•	•	105
	HIV (human immunodeficiency virus) test	•	•	480
	Chlamydia trachomatis RNA	•	•	1,800
	Neisseria gonorrhoeae DNA	•	•	1,560
	Urine cytology (check for abnormal cells in urine)	•	•	720
	Typhoid bacterial culture test (via stool sample)	•	•	400
	Hepatitis A infection test (detect IgM antibodies)	•	•	415
	Hepatitis A immunity test (detect IgG antibodies)	•	•	350
	Physical mobility risk exam	•	•	1,200

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Note:

- 1. The standard plan package is bundled at a discounted price. Individual services within the standard plan package may not be exchanged or removed for a refund.
- 2. If multiple services or packages are purchased, any duplicate tests will be removed from the final invoice.
- 3. If you need to cancel your appointment, please contact us online (https://hmc.kfsyscc.org/visits) or call us 10 days prior to your appointment date.
- 4. For those scheduled for a colonoscopy, you will be reminded via text message with instructions to pay for the bowel prep medications 14 days prior to the examination date. The medications are shipped once the payment is received (NTD \$2000 per person).
- 5. If your exam includes a gastroscopy or colonoscopy, a biopsy or polypectomy may be required during the exam. It is recommended that you do not make plans to fly in the seven days after the exam. Pressure from high altitude travel may cause the hemostatic clips to fall off and affect the healing process.
- 6. In alignment with government policies on environmental protection and sustainable development, all of our health examination reports have been fully digitized. An additional fee will be required for printed copies.